



# Natural Remedies

## WORKSHOP

*Simple remedies for  
common ailments*

SIMPLE • EFFECTIVE • NATURAL HEALING

This workshop will explore



### HYDROTHERAPY

The healing power  
of water for  
everyday wellness



### CHARCOAL

Nature's detoxifier  
for simple, effective  
healing



THURSDAY,  
28TH OF MAY



12:00 – 2:00PM



TYALGUM COMMUNITY HALL  
Coolman St, Tyalgum, NSW, 2484

**FREE**  
WORKSHOP

*Everyone welcome!*



RSVP BY CALLING OR TEXTING  
DANIJELA ON 0423371841

